



SRI DEVARAJ URS COLLEGE OF
NURSING
TAMAKA, KOLAR

COMMUNITY HEALTH NURSING

Report on Postnatal and Immunization Clinic-2021

GUIDED BY,

Prof. Mary Minerva (HOD, Dept of CHN)

Mrs. Malathi K.V (Assot. Prof. CHN Dept)

Mrs. Sumana (Asst. prof. CHN Dept)

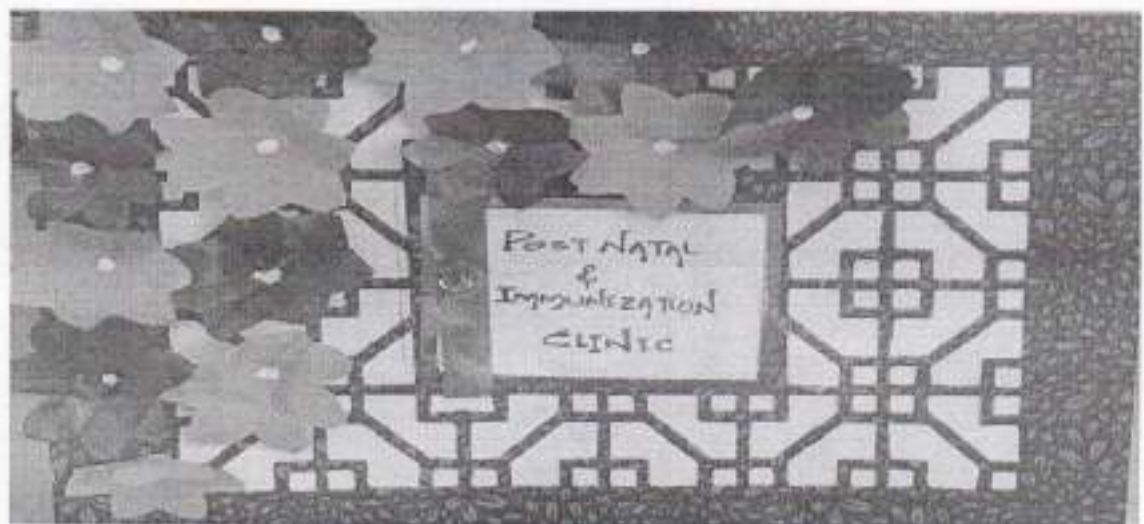
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NAAC CO-ORDINATOR
Sri Devaraj Urs College of Nursing
Tamaka, Kolar-563103

Head of the Department
Dept. of Community Health Nursing
Sri Devaraj Urs College of Nursing
Tamaka, Kolar - 563103

Principal

Sri Devaraj Urs College of Nursing
Tamaka, Kolar-563103



Dear Teacher's

We are pleased to have you all who cordially invites all of you to the Postnatal & Immunization Clinic at Sevens Corners PIC in hospital in it go on under the guidance of Community Health nursing Department. We are expecting your valuable presence to this occasion.

Thanking You



Sl. No.	Name of the Faculty	Signature
1.	Dr. C. V. Jayalakshmi	
2.	Dr. Radha M.S.	<i>[Signature]</i>
3.	Dr. Anuradha G.T.	
4.	Prof. Mary M. George	<i>[Signature]</i>
5.	Prof. Jayakrishna Aruna	<i>[Signature]</i>
6.	Asst. Prof. Lavanya Subramanian	<i>[Signature]</i>
7.	Asst. Prof. Rajitha M.	<i>[Signature]</i>
8.	Asst. Prof. Rajesh R.	<i>[Signature]</i>
9.	Asst. Prof. Gayathri K.V.	<i>[Signature]</i>
10.	Dr. Mohan K.V.	<i>[Signature]</i>
11.	Asst. Prof. Viji	<i>[Signature]</i>
12.	Asst. Prof. Simona Yasvitha	<i>[Signature]</i>
13.	Asst. Prof. K.N. Karthika	<i>[Signature]</i>
14.	Lect. T. Umadevi	<i>[Signature]</i>
15.	Lect. Karuna M.	<i>[Signature]</i>
16.	Lect. Sarika	<i>[Signature]</i>
17.	Lect. Roshni	<i>[Signature]</i>
18.	Lect. Sreeraj	<i>[Signature]</i>

PROGRAMME SCHEDULE

SI.NO.	PROGRAMME LIST	INCHARGE STUDENTS
1.	Invocation song	Ms. Abiya and Tessy mol
2.	Welcome speech	Ms. Chaitra
3.	Registration	Ms. Sophiya Ms. Nathiya
4.	Vital signs	Ms. Anju Ms. Ambia
5.	HB Analysis	Ms. Jenifer. k Ms. Sherly
6.	Anthropometric Assessment	Ms. Sneha Ms. Rosna
7.	Postnatal Assessment	Ms. Beena Ms. Jenifer Ms. Samyuktha
8.	Health education 1. postnatal diet 2. Postnatal Exercise 3. Weaning and protein rich diet 4. national immunization schedule	Ms. Deepika Ms. Reshma Ms. Bhavana Ms. Rahul Ms. Rachana

POSTNATAL AND IMMUNIZATION CLINIC REPORT

The 4th year B.sc nursing students of Sri Devaraj Urs College of Nursing conducted the postnatal and immunization clinics for postnatal mothers and children on 25/3/2021 in the primary health centre of Devarayasamudhra as per the community requirement.

OBJECTIVES

1. Assessment of postnatal mothers and immunization of under fives.
2. Identification of high risk causes and provide appropriate management.
3. Prevent development of complication.
4. Teach the mother about the postnatal diet, postnatal exercise, weaning, and protein rich diet, national immunization programme.

PRELIMINARY PREPARATION

As per the activity, planned to conduct:

1. Postnatal assignment by preparing postnatal card
2. Health education on postnatal exercise, diet, weaning and protein rich diet, national immunization programme.
3. Prior permission was availed on 18/3/2021 from the medical officer.
4. Assessment of postnatal mothers and participated in immunization
5. carried out Anthropometric measurement, Vital signs, HB analysis, and post natal assessment.

REPORT

We are the student of PHC group have conducted postnatal and national immunization programme in Devarayasamudhra PHC on 25/3/2021. Under the guidance of assistant professor Mrs Sumana Yesu Priya. Totally 4 mothers visited PHC and undergone with the assessment procedure. The following are the findings.

MOTHERS ATTENDED POST NATAL CLINIC

SL.N O.	NAME OF THE CLIENT	AGE	TEMPERATURE	PULSE	BLOOD PRESSURE	HEIGHT	WEIGHT	HB
1.	Mrs. gayathri	21yr	95.4 F	76 bt/m	130/80mmhg	157cm	54kg	12.5gm%
2.	Mrs. mamtha	28yr	96.4 F	74bt/m	120/70mmhg	160cm	50kg	11gm%
3.	Mrs. amaravathi	25yr	97.8 F	80bt/m	110/70mmhg	150cm	60kg	11.4gm%
4.	Mrs. baby	24yr	98.2 F	72bt/m	130/80mmhg	149cm	57kg	12gm%

MOTHERS ATTENDED POST NATAL CLINIC

1. AGE : Majority of 46.71 % were in the age group of 22- 26years.
2. HB analysis: Majority 80% of mothers had normal value
3. Postnatal assessment : As per the assessment of all mothers had normal findings of height and uterus abdominal girth, striae gravidarum, linear nigra, postnatal complication etc.

POSTNATAL CARD

Postnatal Card	
1. Demographic data	Infection:-
Name :-	Palpation:-
Age :-	
Sex :-	
Address:-	6. Investigation
Husband name:-	Wb analysis:-
Occupation:-	
Religion :-	
1. Height :-	
2. Weight :-	
4. Vital signs:-	
Temperature :-	
Pulse :-	
Rr :-	
B.P :-	
5. Perital Examination	
+ general appearance :-	

ANTENATAL CARD

ANTENATAL CARD

1) DEMOGRAPHIC DATA

Name :

Age :

Address :

Husband's Name :

Occupation :

Religion :

2) GRS TESTS AND SCORES

Spina Tmuff :

Obstetrical Score :

Gestational Age :

LMP :

EDD :

3) HEIGHT :

Height :

4) VITAL SIGNS

Temperature :

Pulse :

Respiration :

Blood pressure :

5) ABDOMINAL EXAMINATION

Inspection :

Palpation :

Auscultation :

Fundal height :

6) INVESTIGATIONS

Haemoglobin :

Urine :

IMMUNIZATION CARD

Immunization card	
i Personal Data :	ii Degree of malnutrition
Name of the child	
Age	
Sex	
Name of Mother :	
Name of Father :	
Date of birth of Baby :-	iii Vaccination
Place of birth of baby :-	
Name of Village :-	
iv Anthropometric measurements :-	
Height :-	
Weight :-	
Head circumference :-	
Chest circumference :-	
v Vital Signs :-	vi Problems
Temp :	
Pulse :	
Resp :	

HEALTH EDUCATION

After the assessment, all the postnatal mothers were gathered at one place and was given health education on the Postnatal diet and exercise by Ms. Reshma and Ms. Deepika.

I. Postnatal diet live demonstration : Exhibition of food items live demonstration of sample menu plan as per the recommended calorie requirement was demonstrated and discussed.

2. POSTNATAL EXERCISE- LIVE DEMONSTRATION ON POSTNATAL EXERCISE

Different exercise were demonstrated to the mother which includes pelvic floor exercises, leg raising ,ankle exercise, head and shoulder raising, knee rolling leg shortening and pelvic tilting exercise.

Educated that all these exercise will strength the muscles and help in keeping mother and baby healthy.

3. Educate about the importance of immunization and its benefits to baby in fighting infection and preventing various disease with the dosage and frequency using immunization schedule chart.

The programme concluded at 12:45 Pm

PHOTO GALLERY : POSTNATAL CLINIC

Health education on postnatal diet



Health education on natinal immunization schedule



Blood pressure and anthropometric measurement





**SRI DEVARAJ URS COLLEGE OF NURSING.
TAMAKA, KOLAR-563101**

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REPORT

BLOOD DONORS DAY

14th June 2021

REPORT ON BLOOD DONORS DAY

In view of Blood Donors Day, District Level Poster Competition was organized at DHO Office, Kolar on 07/08/21 between 11-12pm on the topic "Importance of Blood Donation". Many colleges from Kolar District had taken part in the competition including SDUCON, Kolar. Nearly 20 students were involved in poster competition. Ms. Anu Thomas, 2nd Year B.Sc (N), SDUCON won 3rd prize and was awarded with certificate and Rs. 600/- cash prize on 12th August 2021 by the Dr. Kamamma, DHO, Kolar in CBIT College in view of International Blood Donor Day Celebration..



[Signature]
4/6/21
SNA Advisors

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[Signature]
Principal

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