

75
Azadi Ka
Amrit Mahotsav



75
आज़ादी का
अमृत महोत्सव



**Sri Devaraj Urs Academy of Higher Education and Research
Tamaka, Kolar**

ಶ್ರೀ ದೇವರಾಜ್ ಅರಸ್ ಉನ್ನತ ಶಿಕ್ಷಣ ಮತ್ತು ಸಂಶೋಧನಾ ಸಂಸ್ಥೆ,
ಟಮಕ, ಕೋಲಾರ

Cordially invites you to

National Youth Day Celebration

Guest speakers

Swami Tadyuktananda ji Maharaj

Sri Ramakrishna Vidyarthi Mandiram,
A unit of Ramakrishna Math, Basavanagudi, Bengaluru.

Dr Krzysztof Stec

Chair of Physiotherapy
Jan Dlugosz University, Czestochowa, Poland.

Virtual program on Zoom

Date: 12 January 2022

Time: 2:30pm to 4:00pm (IST)

Join Zoom Meeting

<https://zoom.us/j/93525382584?pwd=QWVVFYIRJSjJjcHh4eW52YXVNSy9SZz09>

Meeting ID: 935 2538 2584

Passcode: 374510

"All the powers in the universe are already ours. It is we who have put our hands before our eyes and cry that it is dark."

- Swami Vivekananda

Program schedule

Timing	Details	Faculty
2:30 pm	Commencement of program	Mr. A V Sumanth and Mr. J Akhil
2:31pm to 2:35pm	Welcome address	Dr. C D Dayananda Dean, FoAH & BS, SDUAHER
2:36pm to 2:40pm	Lighting of lamp	Dr. G Pradeep Kumar Vice chancellor, SDUAHER and Dr. K N V Prasad Registrar, SDUAHER
2:41pm to 2:45pm	Introduction of Speaker	Dr. P N Sreeramulu Dean FoM, SDUAHER
2:46pm to 3:15pm	Address by the Speaker	Swami Tadyuktananda ji Maharaj, Sri Ramakrishna Vidyarthi Mandiram, Bengaluru.
3:16pm to 3:20pm	Introduction of Speaker	Dr. Patil N J Associate Professor Dept. of Integrative Medicine , SDUAHER
3:21pm to 3:50pm	Lecture on " Benefits of Suryanamaskara"	Dr. Krzysztof Stec Chair of Physiotherapy Jan Dlugosz University, Czestochowa, Poland
3:51pm to 3:55pm	Presidential address	Dr. G Pradeep Kumar Vice Chancellor, SDUAHER
3:56pm to 4:00pm	Vote of Thanks	Dr. G Vijayalaxmi Principal Sri Devaraj Urs College of Nursing, Kolar

Organizers

NSS Cell, SDUAHER
Dept. of Integrative Medicine , SDUAHER
IQAC Cell, SDUAHER
Sri Devaraj Urs College of Nursing, Kolar





SRI DEVARAJ URS SCHOOL AND COLLEGE OF
NURSING, TAMAKA, KOLAR-563103

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REPORT ON NATIONAL YOUTH DAY

Honoring the vision and work of Swami Vivekananda, who strived throughout his life towards building a better society and inspired youth with his social services, every year, his birth anniversary - January 12 - is celebrated as the National Youth Day in the country.



In view of *National Youth Day*, YRC Unit of SDUACON in collaboration with the Department of Integrative Medicine SDUAHER has conducted "**Virtual Program on National Youth Day**" on 12/01/2022 at 2:30pm in Zoom platform. The programme commenced with welcome speech by Dr.C D Dayanand, Dean, Faculty of AH & BS, SDUAHER.

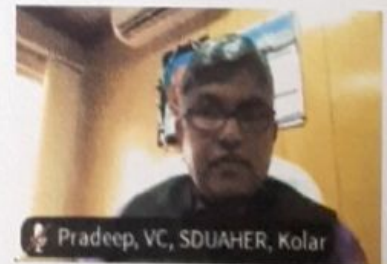
The programme was inaugurated by Dr.G.Pradeep Kumar, Vice Chancellor, SDAHER & Dr. K N V Prasad, Registrar, SDUAHER. There was a brief introduction of the speaker by Dr. Sreeramulu, Dean Faculty of Medicine, SDUAHER. The eminent speaker Swami Tadyuktananda Ji Mahharaj, Sri Ramakrishna Vidyarthi Mandiram, Bengaluru who highlighted the participants on the vision of Swami Vivekananda.



The second speaker of the program was introduced by Dr. Patil N J, Associate Professor, Dept. of Integrative Medicine, SDUAHER. The gathering was empowered and enlightened by the powerful speech of Dr. Krzysztof Stec, Chair of Physiotherapy, Jan Dlugosz University, Czestochowa, Poland who in depth gave knowledge on Suryanamaskara and its health benefits.



The presidential address was given by Dr.G.Pradeep Kumar, Vice Chancellor, SDAHER and ended with Vote of thanks by Dr. G Vijayalakshmi, Principal of SDUACON. Programme got over by 4:30pm.



"Youth must always be empowered with freedom but along with a sense of responsibility"

Malaku
13/1/22
Programme Officer

Principal
1/22

Sri Devaraj Urs College of Nursing
Tamaka, Kolar-563103