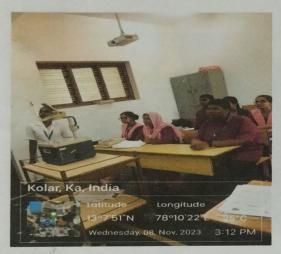


Sri Devaraj Urs College of Nursing (A unit of Sri Devaraj Urs Educational Trust) Post Box No. 7, Tamaka, Kolar-563 103, Karnataka. (Affiliated to RGUHS, Bangalore and Recognized by KNC, Bangalore & INC, New Delhi) ISO 9001: 2015 Certified & NAAC Accredited Phone: 9480880802 E-mail: sduconson@yahoo.com Website: sducon.ac.in

2.3.5 The teaching learning process of the institution nurtures creativity, analytical skills and innovation among students by using LCD, FLANNEL BOARD, CHARTS, MODEL, OHP, EDUCATIONAL CHARTS, and VIDEO & SIMULATION etc, for the academic year2022-2023

1.0HP



2. L C D



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3. CHARTS



4. MODEL



5. VIDEO



6. FLANNEL BOARD

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6. FLANNEL BOARD



7. EDUCATIONAL CHARTS



8. PROBLEM BASED LEARNING

All the batches of Students are exposed to problem based learning in clinical areas.



Gayather Agar-31QAC

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9. Project based learning

"A STUDY TO EVALUATE THE EFFECTIVENESS OF SELF-INSTRUCTIONAL MODULE ON KNOWLEDGE, ATTITUDE AND PRACTICE REGARDING OBSTETRICS EMERGENCIES AND ITS MANAGEMENTS AMONG STAFF NURSES WORKING AT SELECTED HOSPITALS, KOLAR."

By

(Ms Alana Vinod, Ms Anjana Joshy, Ms Archanamol Ashokan, Ms. Demy Daniel, Ms. Krupashree, Ms. Nayana, Ms. Salu Prasad, Ms. Soumya Sunny, Mr. Vishwas Gowda, Mrs. Manjula.)



Dissertation

SUBMITTED TO THE RAJIV GANDHI UNIVERSITY OF HEALTH SCIENCES, KARNATAKA, BANGALORE.

In partial fulfilment

Of the requirements for the degree of BASIC BSC NURSING

IN

OBSTETRICS AND GYNAECOLOGICAL NURSING

UNDER THE GUIDANCE of MRS.GAYATHRI K.V

DEPARTMENT OF OBSTETRICS & GYNAECOLOGICAL NURSING SRI DEVARAJ URS COLLEGE OF NURSING TAMAKA, KOLAR 563103. KARNATAKA, INDIA.

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Journal Club

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SRI DEVARAJ URS COLLEGE OF NURSING, TAMAKA, KOLAR.

MIDWIFERY AND OBSTETRICAL NURSING

OBJECTIVE STRUCTURED CLINICAL EXAMINATION(OSCE)

STATION: 01

Case Scenario :01

History of Present Illness: A pregnant 20-year-old women at 32 weeks of gestation came with the complaints of headache and blurring of vision.Past Medical History: Pregnancy progressing normally to this pointPhysical Exam: On examination, blurring of vision and pedal edema present.

Her BP was150/90 mmHg.

Fetal USG done, consistent with dates and within normal limits
1) List five signs and symptoms of early recognition of pre-eclampsia .
2) write 5 immediate nursing actions taken for eclampsia patient.

Case Scenario: 02

History of present Illness: 24-year-old G_1P_0 L_0A_0 Female presents with complaints of severe Nausea with Vomiting. It has been 2 or 3 months since her LMP.

Past Medical History: Normal.

Physical Exam: A febrile, BP= 120/80, P= 105. Patient is pale, vomiting, and abdomen is non tender.

Investigations: HCG is 95,000 IU/ml. uterine ultrasound revealed a snowstorm pattern and no fetus was detected.

- 1) Write the nursing care for hyperemesis gravidarium patient
- 2) Write health advises gives for hyperemesis gravidarium patient

Case scenario: 03

History of Present Illness: A 27-year-old G_1 pregnant woman at 17 weeks ultrasonography done. She has no complaints.

Past Medical History: As above. Pregnancy progressing normally to this point.

Physical Exam: Physical examination, including vital signs, is normal. Ultrasound reveals three fetuses are present.

1) Identify the diagnosis.

2) What advices are to be given to the mother?

Case Scenario: 04

History of Present illness: A 25-year-old G_2P_1 with 39 weeks for evaluation. Her diabetes was diagnosed at 25 weeks was initially controlled with diet, but she has required insulin since 32 weeks. Checks blood sugars four times a day.

Past Medical History: Home insulin regimen

Physical Exam: Vital signs are normal; fetal heart tracings are good. Blood sugar is controlled. Fundus measurements appropriate. Urinalysis negative. No edema.

- 1) Identify the diagnosis.
- 2) What advices are to be given to the mother?

Case Scenario: 05

Calculation of EDD

Situation: You had received a Primi mother at OPD for first time for her Antenatal checkup and had confirmed her pregnancy and now calculate her EDD according to her LMP mentioned below.

1) Client Name: Mrs. Seema, who is 30 years old, she got her LMP on 10 March ²⁰²⁰. Calculate her EDD.

2) List any four positive signs of pregnancy in first trimester.

STATION: 02

Care Plan: 01

Mrs.Latha age 30yrs presents with 8 months of Amenorrhea

with Fatigue since 2 months. Previously, the patient was able to do her household work, but for the past 2 months, she gets tired even with minimal work. On walking about 50–60min, Patient Complaints of Fatigue, Giddiness, Paleness. On Investigations hb was 8gms/dl and diagnosed with moderate anemia.

1) Formulate three nursing diagnosis according to the priority.

2) Write two nursing care plan.

Care plan: 02

Mrs.kavitha age 30 yrs, G_2P_o with 8 months of Amenorrhea presents with generalized edema since 10 days, insidious in onset, initially noticed in the lower limbs which have gradually progressed to involve the upper limbs and face. It is present throughout the day not relieved by overnight rest or by limb elevation in the morning. On Abdominal Inspecting the Abdomen uniformly distended, Flanks not full and Fundal height is 28 cm & Abdominal Circumference is 85 cm and F.H.S is 146/min, regular and diagnosed with mild Pre-Eclampsia.

1) Formulate three Nursing Diagnosis according to the priority.

2) Write two Nursing Care Plan.

Care plan: 03

Mrs. Anita age 23 years with 9 months Amenorrhea with a history of previous LSCS and was admitted for safe confinement. Patient complaints of Backache since Morning in the lower mid-back, non-radiating and not associated with pain abdomen. No history of leak PV or bleeding PV. Fetal movements are well perceived. Ultrasonography reveals full term single Intrauterine Pregnancy with previous LSCS with longitudinal lie with Cephalic Presentation not in labour. 1) Formulate three nursing diagnosis according to the priority.

2) Write two nursing care plan.

Care plan: 04

Mrs. Lakshmi age 23 years Primigravida comes with 7 months of amenorrhea with sudden painless moderate bleeding on Obstetrical Examination Fundal height was 27cms, Uterus was soft and relax, FHR 140 b/pm. Ultrasound reveals Low Lying placenta with no detectable fetal anomalies diagnosed as Placenta Previa.

1) Formulate three Nursing Diagnosis according to the priority.

2) Write two Nursing Care Plan.

Mrs. Vasantha age 26 years Primigravida comes with 8 months of Amenorrhea Abdomen looks small. Mother complains of feeling less fetal movements. On Abdominal Examination fundal height 28cms, Uterus felt full of fetus, FHR 140bpm. Ultrasound reveals single fetus in cephalic presentation, placenta normal, amniotic fluid 4cm and diagnosis suggests of Oligohydramnios

Formulate three Nursing Diagnosis according to the priority.
 Write two Nursing Care Plan.

STATION-III

Scenario : Client Mrs. Pramialla is a 29-year-old, $G_2P_1L_1A_0Sb_0$ with previous normal vaginal delivery. She has been healthy in this pregnancy and has no major medical problems overall. She has 2 previous antenatal care visits in this pregnancy without problem. She comes today for another routine visit. You have already collected the history and had found everything normal. Now do antenatal examination 36-weeks of pregnancy.

Postnatal Assessment

Scenario : A 20 year old primipara gave birth 1 day ago. She had a vaginal delivery with a medio lateral episiotomy. Perform postnatal examination for the mother.

Breast Examination

Scenario: A 23 year old primipara with LSCS. Baby is

in NICU for observation. She is on 3th postnatal day.

Perform breast examination to check any

abnormality.

Scenario : A full term newborn baby is just born. The

baby is crying and looks pink. Demonstrate the

immediate essential care you will provide for the baby.

<u>STATION:3 (5)</u>

Scenario: Multipara women delivered to male baby and

is on delivery table. Delivered placenta immediately after

delivery of baby. Now do placental examination to find

out any abnormality.