

Sri Devaraj Urs College of Nursing (A unit of Sri Devaraj Urs Educational Trust) Post Box No. 7, Tamaka, Kolar-563 103, Karnataka. (Affiliated to RGUHS, Bangalore and Recognized by KNC, Bangalore & INC, New Delbi ISO 9001: 2015 Certified & NAAC Accredited

Phone: 9480880802

E-mail: sduconson@yshoo.com,

Website: sducon.ac.in

#### PROGRAMME SCHEDULE

Time	Events	In charge
09:40-09:45am	Invocation song	Nursing Students
09: 45-09.50am	Welcome address	Mrs. Kavitha P Nursing Tutor SDUCON, Tamaka, Kolar
09.50am-10:15am	Introductory note on SRH	Prof. Punitha M HOD of OBG department SDUCON, Tamaka, Kolar
10:15am-10:25am	Role play	Students of SDUCON
10:25-10:45am	Adolescence Issues	Mrs. Gayathri K.V Associate professor SDUCON, Tamaka, Kolar
10:45am-10:55am	Mime	Students of SDUCON
10;55am-11am	Prize distribution	Prof. Punitha M HOD of OBG department SDUCON, Tamaka, Kolar
11am-11:05am	Vote of Thanks	Ms.Sruthi S Nair IVth year B.sc(N)

### THANK YOU

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DATE: 14/02/2023

# REPORT ON SEXUAL AND REPRODUCTIVE HEALTH AWARENESS DAY

In view of Sexual and Reproductive Health Awareness Day, the Dept of OBG(N), SDUCON conducted awareness Programme and Poster competition for 8<sup>th</sup> and 9<sup>th</sup> standard students of R.L.J. Central School on 13/02/2023 between 9am to 11 am at RLJCS auditorium.





Programme started with invocation song. The gathering was welcomed by Mrs. Kavitha P Nursing Tutor, OBG Dept, SDUCON. The Introductory note on SRH was given by **Prof. Punitha M**, HOD Dept of OBG, thereafter roleplay was performed by the Nursing students.

**Mrs. Gayathri K V, Associate Professor** discussed on adolescence issues and its management also discussed with the issues said by the school children like physical attraction, depression, aggressiveness and concluded with how to improve positive thinking among adolescence. Followed by mime performed with the concept of teenage pregnancy by IV<sup>th</sup>year B.Sc(N).





Totally 140 students were benefited with the awareness Programme. Simultaneously poster competition was also conducted. 20 students participated among them 3 best posters were awarded.

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1.Ms.Mithranjali VIII<sup>th</sup> STD.

2.Ms.Purvaja.k IXthSTD 3.M

3.Mr.Anup M.Raju-VIIIth STD

Thereafter keynote address was given by Mrs. Lakshmi Bhatt, principal of RLJCS and appreciated the faculty and students of SDUCON for their efforts in conducting this programme and given feedback which was good, effective and positive. Followed by Prizes and Certificate Distribution for poster competition participants.

The Programme accomplished at 12 noon with vote of thanks given by Ms. Sruthi Nair IV<sup>th</sup>year B.Sc (N).Refreshment was given to all the students at the end of the program.

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**Minutes** Secretary

HOD

Head of the Department Dept of Obstetrics 5 Gynanc, Nursing Sn Devaraj Urs College of Nursing Tamaka, Kolar - 553 101.

Principal 14/02/23

Principal Sri Devaraj Urs College of Nursing Tamaka, Kolar-563103



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# PROGRAMME LIST

SL. No	Тіме	PROGRAMME
1	09:45AM	INAUGURATION OF THE RALLY
2	11:30AM	INAUGURATION IN AUDITORIUM
З	11:45AM	CULTURAL PROGRAMMES
4	01:15PM	KEY NOTE ADDRESS
5	01: 30PM	FELICITATION
6	02:00 PM	VOTE OF THANKS

Sri Devaraj Urs College of Nursing Tamaka, Kolar-563103

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### **REPORT ON WORLD AIDS DAY**

In the view of World AIDS day in coordination with District Health Office and IQAC, we the students of Sri Devaraj Urs college of nursing under the guidance of community health nursing department performed role play and participated in the rally on 1<sup>st</sup> December 2022.

### Objectives of the programme:

- 1) To create awareness about prevention of HIV-AIDS.
- 2) To decrease and control HIV infection and spread.
- 3) To create awareness about maintaining the health of the individual.

#### **Preliminary Planning:**

As per the notification from the District Health Officer the department of community health nursing informed to prepare for role play on concept of prevention and protection from HIV-AIDS. They also informed to prepare placards and slogans in kannada. 10 students from 4<sup>th</sup> year bsc nursing was selected to perform role play. They practised the roleplay and prepared slogans&placards.

Around 9:00 am all the 4<sup>th</sup> year B. Sc (N) students gathered in front of the college, under the guidance of community department faculties. We started our journey with a silent prayer via college bus. Around 9:30 am students had reached SNR circle. Civil court judge addressed the gathering and rally was started at 9:45am after waving of Flag by Judge, CEO and DHO of Kolar

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In the rally various nursing colleges, PU colleges, NGO'S such as Samagra Foundation were participated. We the 4<sup>th</sup> year B.Sc (N) nursing students actively participated in the rally with placards, slogans and quotes about awareness on prevention of AIDS. Rally winded up at 11:30am.

After the rally all the students and faculties were gathered in Rangamandira Kolar. The programme was started with an invocation song. District Health Officer, NGO'S, District AIDS control officer were participated in the programme. Various programmes were organised by the DHO. We the students of 4<sup>th</sup> year B.Sc.(N) performed a role play on the concept of prevention and promotion of HIV-AIDS.

Sri Devaraj urs college was felicitated for the active participation in events organised by DHO like quiz, video blogging, poster competition, essay competition. The key note address was given by Dr.Jagadesh, District Health Officer Kolar. 97 students from 4<sup>th</sup> year Bsc(N) participated in the programme and the programme was ended with vote of thanks.

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# PHOTO GALLARY OF WORLD AIDS DAY-2022







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### WOMEN EMPOWERMENT CELL

#### MOTHERS DAY

This is for the kind information of all the Teaching Faculty & Non-Teaching Staff, Women Empowerment Cell of SDUCON Celebrating Mother's Day. All are requested to attend the same without fail.

Date: - 15-05-2023 at 11:00 am

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Venue - OBG Postnatal Ward, RL Jalappa Hospital & Research Centre

Chief Guest: Dr. Chandrasekar Reddy Advisor SDUAHER

Member Secretary

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### SRI DEVARAJ URS COLLEGE OF NURSING, TAMAKA, KOLAR-563103

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### STAFF MASTER LIST

No.	Names	Sign.	SL No.	Names	Sign.
01	Dr. Lavanya Subhashini	Mar	27	Mrs.Swathi Shreen.	N.
02	Dr. Zeanath C.J.	w	28	Ms.Gethcia.L	A
03	Prof. Jairakani Aruna	6	29	Ms. Asha S	Y
04	Prof. Punitha M.	Ph -	30	Ms. Malathi B	Dade
05	Mrs. Gayathri.K.V	u	31	Ms.Kokila.K	the the
06	Dr. Malathi K.V.	A.	32	Mrs.Shanthi.D	Bern
07	Mrs. Vani R.	a.e	33	Mrs.Nethravathi.K.	- add
08	Mrs. Sumana yesu priya	10	34	Mrs. Jebamani Hepziba	Altant
09	Mrs. T.Umadevi	and in	35	Mrs.Marthasherly	Not
10	Mrs. Ramya M.	Josef	36	Mrs.Kanthamma.B.	Karley .
11	Mrs. Saritha.V	The a	37	Mr.Mahesh.S.	Catty.
12	Mrs. Komaladevi.R	Varia	-38	Ms. Bharathi.S	Sharas
13	Mrs. Pavithra.S.	12-	39	Ms. Vanaja.K.T	With
14	Mrs. Rashmi.A	0	40	Ms.Shwetha.S.G.	the second
15	Mrs. Kavitha.P	Mar	41	Mrs. Vanajakshi. R.	alt
16	Mrs. Geetha.S.	Dert	42	Ms.Greena pushpa	THE
17	Mr. Gajendra Singh	A.	43	Mrs.Susheela Rani.	Subie
18	Mr. Monappa.	A AN	44	Mrs.M.Kavitha.	date
19	Mr. Rajendra Prasad	- Halo	45	Mr.NaveenKumar.H.V	Haveen
20	Mr. Sampath Kumar	-	46	Mr.Anil Kumar.J.V.	BO
21	Mrs.Sumalatha.C.V.	and.	47	Mrs.Shobha Mathew	Val
22	Ms.Angeline Monica.K.	10	48	Mrs.Uma.S.	July!
23		OR.	49	Mrs.C.Rukaminidevi.	At -
24	Ms.Divya.G.A.	1001	50	Mrs.Lavanya.N.N	Larange
25	Mrs.Beneta.V.	Here	2 51	Mrs. Tabhitha Florance	A LAS
26	Mrs.Srilakshmi.G.	Chi	ril l		

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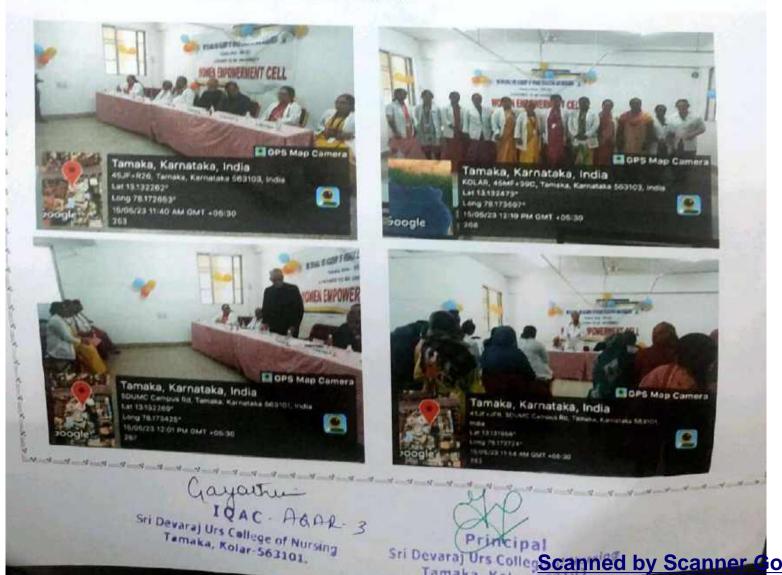
#### WOMEN EMPOWERMENT CELL

#### MOTHERS DAY

#### "Mother's love is the fuel that enables a normal human being to do the impossible"

The Women Empowerment Cell of Sri Devaraj Urs College of Nursing Celebrated Mother's Day on 15-05-2022 at 11:00 am in **OBG Postnatal Ward**, RL Jalappa Hospital. The programme started with invocation. Mrs.Kavitha P Member secretary of WEC welcomed the gatherings. Followed by lightening the lamp by the dignitaries. Chief guest Dr. Chandrasekar Reddy, Chancellor, SDUAHER had given a talk on the importance of Mother's Day. Followed by Dr. Prabhakar K had given a speech on postnatal care for mother and baby and he also emphasized on prevention of postnatal complications. Every year we celebrate the second Sunday of May as Mother's Day. Mother is the greatest gift given by God and a day is not enough to thank every single mother in this world, everyone can celebrate Mother's Day every day by sharing love and care with your Mother.

Mrs.Puitha.M Assoc.Prof & chairperson of WEC, SDUCON thanked the gathering and programme ended at 12:45pm with National Anthem.





2023

Member Secretary

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SRI DEVARAJ URS COLLEGE OF NURSING. TAMAKA,KOLAR-563101 REPORT

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# REPORT ON BLOOD DONORS DAY



The YRC Unit of SDUCON in Collaboration with District Health Office, Kolar & RLJH & RC organised Blood Donors Day on 14/06/23 at 11:00am in PG Auditorium, SDUMC. The programme started with the Invocation song by II Year B.Sc (N) students

and the gathering were welcomed by Dr. Kalyani, HOD, Dept. of Pathology, SDUMC.

All the dignitaries inaugurated the programme by lighting the Lamp. The Chief Guest Dr. Vijay Kumar, District Surgeon, SNR Hospital, Kolar addressed the gathering about the need and importance of Blood Donation &



its benefits on health & the recipients. The Guest of Honour were Dr. Jagadish, District



Health Officer, Kolar & Dr. Prasanna Kumar, DTO, Kolar. Later felicitation was done to the blood donors (04 persons) who had donated for highest in number till date & Prize distribution for the winners in Essay Competition. Dr. Prabhakar,

Principal, SDUMC, gave the presidential address. The programme ended with Vote of Thanks by Dr. Malathi K V, HOD, Dept. of Community Health Nursing, SDUCON.

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Total of 110 students were benefited by the programme. Refreshment was arranged to all the participants & Visitors.

In view of Blood Donors Day, District Level Essay Competition was organized at DHO Office,



Kolar on 09/06/23 between 11-1pm on the topic "Importance of Blood Donation". Nearly 15 colleges from Kolar District had taken part in the competition including SDUCON, Kolar. 20 students were involved in Essay Competition. Ms. Gangothri, 2<sup>nd</sup> Year B.Sc (N), SDUCON won 3<sup>rd</sup> prize and was awarded with certificate and Rs. 600/- cash prize on 14/06/23 by the Dr. Jagadesh, DHO, Kolar.

Malatho Programme Officer **Program Officer** Youth Red Cross Unit Sri Devaraj Urs College of Nursing Tamaka; Kolar - 563103

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Principal

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### SRI DEVARAJ URS COLLEGE OF NURSING TAMAKA, KOLAR-563103

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#### REPORT ON WORLD ENVIRONMENT DAY



In view of World Environment Day, Department of Community Health Nursing in co-ordination with NSS & YRC Unit, SDUCON had organized Theme Presentation, Elocution, Poster Competition, Plantation & Swatch Bharat Pakhwana on 05/06/23 in Recreation Hall, Student Nurses Hostel, SDUCON at 11:00am. The programme started with Invocation song by

Ms. Keerthana & Team, IV Year B.Sc (N) & gathering were welcomed by Ms. Justy Babu, IV Year B.Sc(N).

The Programme was Inagurated by Watering the Plant. Ms. Shruthi S Nair, IV Year B.Sc(N) presented the 2023 Theme which was followed by Elocution & Poster Competition. About 05 students actively participated in each competition and best 01 was selected and awarded with prize. All the competitions were held on the theme 2023 **Beat Plastic Pollution**.





Dr. G Vijayalakshm, Pirncipal, SDUCON gave the Presidential Address. The programme ended with Vote of thanks by Ms. Sony Matthew, IV Year B.Sc(N). The winners are as follows:

- Poster Competition:- Ms. Aksa & Team, 2nd B.Sc(N) 1nd Prize
- Elocution Competition:-Ms. Alana Vinod,4th B.Sc(N) 1th Prize.

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On the same day from 9:30 am – 10:30 am Swatch Bharath Pakhwana was held in the college campus in which 2<sup>nd</sup> Year B.Sc(N) students enthusiatically involved in cleaning the college campus & hostel premises followed by Plantation of herbal plants in hostel. About 10 herbal plants were planted. Along with the plantation, all the trees & plants present in the college campus were



numbered and labelled. A total of 126 plants were numbered and labelled. Total of 110 students were part of the programme (2<sup>nd</sup> & 4<sup>th</sup> Year B.Sc Nursing students).

Name of the herbal sappings planted: Tulsi, Aleovera, Ajjwana, Neem, Drum Stick, Hibiscus, Curry Leaves, Mint, Holy Basil, Read Flame Ivy.





35 AM OMT +05:30

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Head of the Department Dept. of Community Health Nursing Sri Devaraj Urs College of Nursing Tamaka, Kolar - 583 161 Gayathus IQAC . DOA1-3

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#### Date: 20/01/2023

#### REPORT ON SWATCH BHARATH

The Maintenance committee of Sri Devaraj Urs College of Nursing conducted Swatch Bharath Abhiyan on 28.01.2023 afternoon between 2.30pm to 4.30pm, during this time I<sup>st</sup> year B.Sc(N)  $0\zeta \rightarrow -$ Semester and IV<sup>th</sup> year B.Sc (N) students institution enthusiastically engaged themselves within and outside of the college campus cleaning activity. The cleaning includes class rooms, laboratories, gardening of the college campus and hostel. The same was supervised by the Maintenance committee in charges with concerned class co-ordinators.

GLIMPSE OF PICS: -



The students were encouraged to look for other avenues to make swatch Bharath drive a success and motivated them further to achieve the common goal of a clean INDIA& GO GREEN.

Kaust Minutes Secretary

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Date: 11/2/2023

### REPORT ON SWATCH BHARATH

The Maintenance committee of Sri Devaraj Urs College of Nursing had Conducted Swatch Bharath Abhiyan on 11/02/2023 between 2.30 pm to 4.30 pm. Students of I year B.Sc (N) and IV years B.Sc (N) enthusiastically participated in cleaning the college and campus area. Areas included were classrooms, laboratories, and outside campus gardening area. Students were also involved in cleaning the hostel premises. The faculty in charge are listed below:

AREA	SUPERVISORS	BATCH
All the class Room	All class Coordinators	I B.Sc students -10
College gardening	Mrs. Saritha. V	IVth year students 10
Hostel Gardening	Dr. Malathi K V	IVth year & 1ªYear B.Sc students-10
Outside college gardening	Mrs. T. Umadevi	IVth year & 1"Year B.Sc students -10
All the departments	All HODs	All the department teachers
All the Labs	All HODs	All the department teachers
Office /Store	Clerical Staffs	Clericals Staffs

#### GLIMPSE ON SWATCH BHARATH





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The students were encouraged to make the swatch Bharath drive a success and motivated them to achieve the common goal SWATCH BHARATH ABHIYAN on CLEAN INDIA & GO GREEN.

Minutes Secretary Gayather PQAC: ADAR3

Sri Devaraj Urs College of Nursing Tamaka, Kolai -563101.

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#### SRI DEVARAJ URS COLLEGE OF NURSING TAMAKA, KOLAR – 563 103.

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### REPORT ON SWATCH BHARATH

#### Date: 27/03/2023

The Maintenance committee of Sri Devaraj Urs College of Nursing had planned to conduct Swatch Bharath Abhiyan on 25/03/2023 between 2.30pm to 4.30pm of SDUCON. Students of I year B.Sc (N) and IV year B.Sc (N) enthusiastically participated in cleaning college and campus area of SDUCON. Areas included were classrooms, laboratories and around college, gardening area. Students were involved in cleaning hostel premises. The faculty to monitor students are listed below:

AREA	SUPERVISORS	BATCH
All the class Room	All class Coordinators	1 B.Sc students -10
College gardening	Mrs Saritha.V	IVth year students 10
Hostel Gardening	Dr Malathi K V	IVth year & 1"Year B.Sc students-10
Outside college gardening	Mrs. T. Umadevi	IVth year & 1st Year B.Sc students -10
All the departments	All HODs	All the department teachers
All the Labs	All HODs	All the department teachers
Office /Store	Clerical Staffs	Clericals Staffs

#### GLIMPES ON SWATCH BHARATH





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The students were encouraged to make swatch Bharath drive a success and motivated them to achieve the common goal SWATCH BHARATH ABHIYAN on CLEAN INDIA & GO GREEN. Program launched by central government.

Minutes Secretary Garpether NOAC - ADARCO

Sri Devaraj Urs College of Nursing Tamaka, Kolar-563101.

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# REPORT ON SWATCH BHARATH

The Maintenance committee of Sri Devaraj Urs College of Nursing had conducted Swatch Bharath Abhiyan on 29/04/2023 between 2:30pm to 4:30pm. Students of I year B.Sc (N) and IV year B.Sc (N) enthusiastically participated in cleaning college, campus area of SDUCON & hostel premises. Areas included were classrooms, laboratories and around college, gardening area. The faculties to monitor students are listed below:

AREA	SUPERVISORS	DATES
All the class Room	All class Coordinators	BATCH
College gardening	Mrs Saritha V	I B.Sc students -10
Hostel Gardening	Dr Malathi K V	IVth year students 10
Outside college gardening		IVth year & 1st Year B.Sc students-10
All the departments	Mrs. T. Umadevi	IVth year & 1"Year B.Sc students -10
All the Labs	All HODs	All the department teachers
	All HODs	All the department teachers
Office /Store	Clerical Staffs	Clericals Staffs

# GLIMPES ON SWATCH BHARATH





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The students were encouraged to take part in Swatch Bharath, as it drives success and motivate them to achieve the common goal SWATCH BHARATH ABHIYAN on CLEAN INDIA & GO GREEN, launched by central government.

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**Minutes** Secretary

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Principal

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### REPORT ON SWATCH BHARATH

The Maintenance committee of Sri Devaraj Urs College of Nursing had conducted Swatch Bharath Abhiyan on 27/05/2023 between 2:30pm to 4:30pm. Students of all batches actively participated in cleaning college, college premises & hostel premises. Areas included were classrooms, laboratories, around college and gardening area. The faculties to monitor students are as listed below:

SL.No	Area of cleaning	In charge- Faculty	In charge- Students
1	Class Rooms	Class Coordinator	10 students from each batch – BSc & GNM
2	College gardening	Mrs Saritha.V	IV <sup>th</sup> year 10 students
3	Hostel Gardening	Dr Malathi K V	IVth year & 1stYear B.Sc 10 students
4	Outside college gardening	Mrs. T. Umadevi	IVth year & 1st Year B.Sc 10 students
5	Departments	HODs	Department Faculty & I <sup>st</sup> Year GNM 5 students
6	Labs	HODs	Department Faculty & I <sup>st</sup> GNM 5 Students
7	Office /Store	Clerical Staffs	Clerical Staffs & I <sup>st</sup> Year GNM 5 Students

#### GLIMPES ON SWATCH BHARATH



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The students were encouraged to take part in Swatch Bharath as it creates success and to

achieve the common goal SWATCH BHARATH ABHIYAN on CLEAN INDIA & GO GREEN,

launched by central government.

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Minutes Secretary

Gayather IQAC ALARB Sri Devaraj Urs College of Narsing Temaka, Kelar-563101.



Tomaka, Kular-563102

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Maintenance secretary

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### SRI DEVARAJ URS COLLEGE OF NURSING, TAMAKA, KOLAR-563 103

### INTERNAL COMMUNICATION FORM

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Date: 09-10-2023

### CIRCULAR

This is to inform all teaching and non-teaching staff of SDUCON that, the Dept. of Psychiatric Nursing in Coordination with SDUHER & IQAC is organizing a World Mental Health Day on Theme: Mental Health is a Universal Human Rights at PG Auditorium SDUMC, Tamaka. Kolar on 10-10-2023 between 09.00am to 04.00pm. All staffs requested to attend the same.

HOD Dept. of Psy. Nursing

Gayal Sri Devaraj Urs College of Nursing Tamaka, Kolar-563101.

Sri Devaraj Urs College of Nursing Tamaka, Kolar-563103

Dear Participants,

The department of Psychiatry is happy to inform you that we are conducting a CME on World Mental Health Day with the theme "Mental health is universal human right"

The objective of World Mental Health Day is to raise awareness of mental health issues around the world and to mobilize efforts in support of mental health. The Day provides an opportunity for all stakeholders working on mental health issues to talk about their work, and what more needs to be done to make mental health care a reality for people worldwide.

#### Chief Guest

SRI NARAYANA M, IPS Superintendent of Police, Kolar

#### Guest Speaker

SRI A.S RAMACHANDRA Senior Counsellor Samadhana Counselling Center

Gayalta IOAC Sti DALLIS BRE MELCOME Tamaka, Kolar S61101

#### PATRONS

Late Sri. R L JALAPPA Founder Chairman, SDUET

Shri. G.H. NAGARAJA, President, SDUET

Shri. RAJENDRA. J Vice President, SDUET

Shri. HANUMANTHA RAJU. K.G Secretary, SDUAHER

> DR. D V L N PRASAD I/c Vice Chancellor Registrar, SDUAHER

DR. K. PRABHAKAR Principal, SDUMC

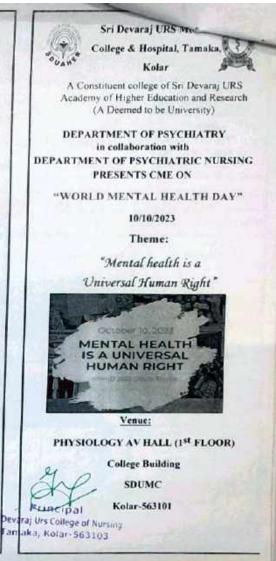
DR. VINUTHA SHANKAR Vice-Principal, SDUMC

DR. KRISHNAPPPA, J Medical Superintendent RLJH&RC

#### ORGANISING COMMITTEE:

Department of Psychiatry, SDUMC, Kolar psychiatry@sdumc.ac.in

& Department of Psychiatric Nursing, SDUCO Set Devaraj Urs College of Nursing Kolar sduconson@yahoo.com



CME CONTENT	GER SEALER		CME CONTENT
Topic	Tiroings	Presentee	Topic
Registration	9.00 - 9: 15 am	Organizing committee	Mental health from nursing Perspective
Welcome address and inauguration	9: 15 – 9: 45 am	Introduction Invocation song Lighting the lamp	Mindfulness for Mental Health
Introductory Remarks	9. 45 – 10 am	Dr. Mohan Reddy Prof & HOD, Psychiatry SDUMC, Kolar	Meditation
Brief address	10:00- 10:10 am	Dr DVLN Prasad Ve Vice Chancellor Registrar, SDUAHER, Kolar	Lunch
Brief address about world mental health day	10.10 - 10.20 am	Dr Prabhakar, Principal, SDUMC, Kolar Dr G. Vijayalakshmi,	Skit on mental health
A BURGER .	10:20 - 10:30a.m	Principal, SDUCON, Kolar	
Chief Guest speech	10:30 - 10:45am	Sri Narayana M, IPS Superintendent of Police	Skit on mental health
	121	Kolar	Poster display and Prize distribution
Guest Speaker	10:45-11 30 am	Sri A.S Ramachandra Senior Counsellor Samadhana Counselling Center Bangalore	Creative writing display and Prize Distribution
arap Jrs Contexts and a strate Tea Break 100	-11:30 - 11:45 am	15 min	Other competitions and prize distribution Per Tamaka, N

CME CONTENT	Presentee				
Topic	Timings	March March 200			
Mental health from nursing Perspective	11:45-12.15pm	Mrs Ramya M Assistant Professor, Department of Psychiatric Nursing, SDUCON,Kolar.			
Mindfulness for Mental Health	12:15-12:45 pm	Dr. Vijaya Kumar PS I/C HOD of Integrative Medicine, SDUAHER, Kolar			
Meditation	12.45- 1:30 pm	Mr. Yadla Vishwa Sree Department of Integrative Medicine, SDUAHER, Kola			
Lunch	1: 30 - 2pm	30 min			
Skit on mental health	2:00-2:30pm	By medical students			
Skit on mental health	2.30-3:00pm	By Nursing Students			
Poster display and Prize distribution	3.00-3.15 pm	Chief guest			
Creative writing display and Prize Distribution	3:15-3.30pm	Chief guest			
Other competitions and prize distribution Tamaka, Kola	().30 - 4:00pm 10a1	Chief guest			



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Date: 15/10/2023

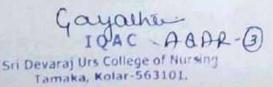
# **Report on World Mental Health Day-2023**

Department of Psychiatric Nursing in co-ordination with IQAC, SDUCON in Collaboration with Department of Psychiatry, SDUAHER and Police Department of Kolar District organized World Mental Health Day on 10/10/2023 from 09:00am to 04:00pm in Physiology AV Hall, I floor on the theme **Mental Health is a Universal Human Right**.



The Programme started with invocation song by III Year B.Sc(N) students. Dr. Mohan Reddy, Prof & HOD, Dept of Psychiatric Medicine, SDUMC welcomed the gathering. The session started at 10:00am by Sri Ramachandra AS, Guest Speaker, Senior Counsellor, Samadhana Counselling Centre, Bangalore delivered a lecture on Mental Health Issues in Police Personal and Nursing Students. The second session was on Mindfulness for Mental Health given by Dr.Vijay Kumar PS, In-charge HOD of Integrated Medicine SDUAHER.







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The ne	AT Session was an At a table		

The next session was on Mental Health from Nursing Perspectives by Mrs.Ramya M, Asst Professor, SDUCON followed by practical session on Mindful Meditation by Dr Yadala Vishwa Sree, Department of Integrative Medicine, SDUAHER.



Later the medical and nursing students performed skit and Mime on the theme Mental Health is a Universal Human Right and prevention of mental illness.





In view of the same, the department had conducted the poster competition, slogan writing and creative writing on world mental health day theme 'Mental Health is Universal Human Right' held on 09/10/2023 in Lecture Hall 02, SDUCON. The best performer awarded with Prizes. Beneficiaries were faculty of Psychiatric Nursing Dept, Nursing students and delegates of police department. The programme ended with vote of thanks by Dr.Ruth Sneha C, Associate Professor SDUMC. A total of 150 delegates benefited from the programme. Participation certificates were issued to all the delegates

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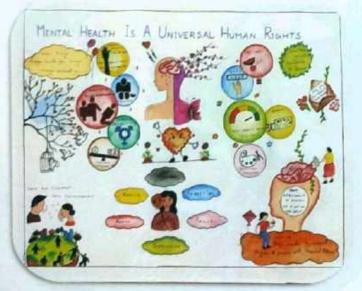
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# Posters









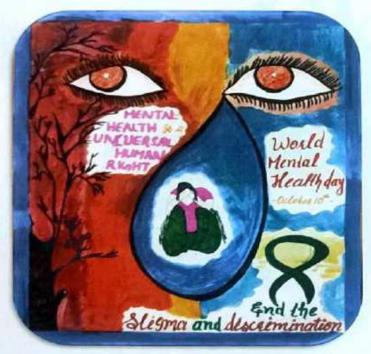
Principal Sri Devaraj Urs College of Nursing Tamaka, Kolar-563103

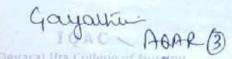
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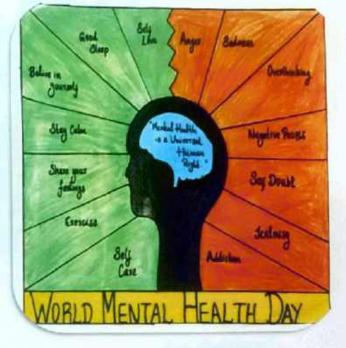








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### **Photo Gallery**











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Dept. of Psychiatric Number Sri Devaraj Urs College of Marsing Tamaka, Kolar - 583 101.

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