

REPORT

Format No.	PRN 05
Issue No.	02
Rev. No.	00
Date:	01-09-18

# DEPARMENT OF COMMUNITY HEALTH NURSING

# **REPORT ON ANTENATAL CLINIC 2023**



**VENUE: DEVARAYASAMUDRA PHC** 

DATE: 09/02/2023





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NO NO	TIME	PROGRAMME	
1	10:00 AM	Introduction	Malalte
2	10:15 AM	Registration	
3	10:40 AM	Vital Signs	Head of the Department
4	11:00 AM	Hb Analysis	Dept. of Community Health Nursing
5	11:20 AM	Antenatal Examination	gri Davaraj Ura College of Nursing Tamaka, Kolar - 563 101,
6	12:00 PM	Health Education	Temaka, Noter - 203 (01)

Refreshment

Gayas.

Sri Devaraj Urs College of Nursing Tamaka, Kolar-561101.

12:30 PM

Sri Devaraj Urs College of Nursing Tamaka, Kolar-563103



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# **REPORT ON ANTENATAL CLINIC 2023**

### OBJECTIVES

- 1. Maintenance of health of mother during pregnancy through health assessment.
- 2. To promote physical, mental, and social wellbeing of the mother and child.
- 3. To teach the mother about childcare, nutrition, sanitation and hygiene.
- 4. To advice the mother about breastfeeding, postnatal care, and immunization.

#### PRELIMINARY PLANNING

We planned to conduct antenatal clinic on 09-02-2023 at DRS PHC.

- Prior permission was availed from medical officer.
- Allocation of work was decided among faculty.

### REPORT OF ANTENATAL CLINIC - 202

Department of Community Health Nursing of Sri Devaraj Urs College of Nursing in coordination with IQAC organized Antenatal clinic on 09-02-2023 at 10:30am for antenatal mothers
in Devarayasamudra PHC. The program started at 10:30 am with invocation song and students
were allotted to different counters. The first counter started by registration section, a total of 17
mothers had been registered in the clinic, each mother was provided with antenatal card and
demographic data was collected. In the second counter the vitals parameters of the mothers
recorded in the antenatal card. The Hemoglobulin level of the mothers checked in the third counter.
The fourth counter was abdominal/antenatal examination, assessments like examination of fundal
height, foetal movement etc, were carried out. Each mother was accompanied by a student to
various section of the clinic from registration till the assessment section.

After the assessment section antenatal mothers were made assembled together for group health education on the topic antenatal diet and antenatal exercise. In order to make aware diet and health live demonstration of sample menu plan as per the recommended calorie requirement of the antenatal mother was demonstrate and discussed by 12:30 pm we ended up the antenatal clinic, and refreshments were given to the antenatal mothers.

ARAR-III

Sri Devaraj Urs College of Nursing Tamaka, Kolar-563101Head of the Department
Dept. of Community Health Nursing
Sn Davara) Urs College of Nursing
Tamaka, Kolar - 563 121

Sri Devaraj Urs College of Norsing Tamaka, Kolar 563103



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### ANTENATAL CLINIC PHOTO GALLERY













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Sri Devaraj Urs College of Nursing
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Sri Devaraj Urs College of Nursing Tambka, Kular-563103



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04.	Aishwarya Sajeev	1	34.	Athulya C S	Authores
05.	Aksa B	44	35.	Ayana Joseph	Aug.
06.	Alana Vinod	Mayer	36.	Besteena Jose	Poster
07.	Aleena Babu	Man.	37.	Bhargavi, S	Charles -
08.	Aleena Benny	Mecras	38.	Bincy Baby	Bull
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23.		AL	53.	Lisha Thomas	Liens

Total No of students Benefited Antenatal clinic is

(98) students of IV Bsc(N)

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Sri Devaraj Urs College of Nursing Tamaka, Kolar-563101

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71.	Rengi Sara Varghese	Daniel	90.	Swathi S	ada
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74.	Salu Prasad	Sal-	93.	Titty Merin Eldho	Moder
75.	Sandra Lukose	SA.	94.	Varsha Varghese	Horsho
76.	Saumya Roy	500	95.	Vinaya Anand	50
77.	Selin Samuel	Street .	96.	Vishwas Gowda S	10
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79.	Siya Siby	SHEET	98	Preethi	R. S.

Head of the Department Dept. of Community Health Nursing Sci Devaraj Urs College of Nursing Tamaka, Kolar - 563 151.

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### DEPARTMENT OF COMMUNITY HEALTH NURSING

GERIATRIC CLINIC AND OLD AGE HOME VISIT- 2023



7th February 2023

# PROGRAMME LIST

Date - 7/02/2023

SI. No	Time	Programme	In charge Students
01	12:00 pm - 12:15 pm	Registration	Ms. Sonu and team IV Year BSc
02	12:16 pm - 12:18 pm	Invocation song	Ms. Bhargavi and team IV Year BSc
04	12:19 pm - 12:25 pm	Welcome speech	Ms. Krupashree IV Year BSc
05	12:26 pm - 12:30 pm	Inauguration	Dignitaries
02	12:31 pm - 1:00 pm	Health assessment	Ms. Sony Mathew and team IV Year BSc
06	1:01 pm- 1:20 pm	Recreational activities	Ms. Justy babu and team IV Year BSc
07	1:21 pm - 1:35 pm	Game activities	Ms. Mary Cinthiya IV Year BSc
08	1:36 pm - 1:45 pm	Health education regarding facilities provided by govt to old age peoples	Ms. Keerthi N IV Year BSc
09	1:46 pm - 1:50pm	Prize Distribution	Mrs. Mrs. Komala Devi. R Nursing Tutor Dept of CHN, SDUCON
10	1:51 pm — 1:55 pm	Key note address	Mrs. Vani. R Assistant Professor, CHN Dept. SDUCON
11	1:56pm- 2:00 pm	Vote of thanks	Mr. Rakesh MP IV Year BSc

Sri Devaraj Urs College of Nursing

Tamaka, Kolar-563101.

Head of the Department

Dept. of Community Health Nursing Devaraj Urs College of Nursing Sri Devaraj Urs College of Nursins Tamaka, Kolar-563103 Tamaka, Kolar - 563 101.



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### GERIATRIC CLINIC AND OLD AGE HOME. VISIT- 2023

### OBJECTIVES

- To raise awareness about the health maintains in terms of the elderly people and the importance of periodic health check-up to track the deviations in health.
- To enhance the knowledge about the health of the elderly by creating awareness by health education.

### PRELIMINARY PLANNING

- 1 Month prior permission was availed from Mrs. Suma, staff nurse and in charge of Smt. Anjanamma R L J old age home to conduct the geriatric clinic on 07/02/2023.
- We planned to conduct health assessment and to provide health education regarding benefits, schemes and services available for old age people.
- All the equipment and articles needed for performing geriatric assessment such as BP apparatus,
   TPR set, weighing machine etc. were collected from the community lab.

SL NO.	STATION
1	Registration counter
2	Vital signs and securing for HTN
3	Head to toe and anthropometric measurement
4	Health education on benefits, schemes and services available for old age people

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Sri Devaraj Urs College of Nursing Tamaka, Kolar-563101.

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Dept. of Community Health Nursing Sri Devaraj Urs College of Nursing Tamaka, Kolai - 563 11



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# REPORT ON GERIATRIC CLINIC

Department of community health nursing in coordination with IQAC conducted "Geriatric Clinic" on 07/02/23 at Smt. Anjanamma R L Jalappa old age home, Tubagere Doddaballpur. The programme started at 12:00 pm with an invocation song and warm welcome was given Ms. Krupashree, 4th year BSC Nursing, SDUCON.

The programme was inaugurated by lighting the lamp by Mrs. Suma, Staff Nurse, in-charge of Smt. Anjanamma R L Jalappa old age home. Later the health assessment was carried out to all the inmates.

### RESULT OF ASSESSMENTS:

Total number of inmates registered is 21

Health Problems identified were:

- 1. Body Pain-11
- Hypertension-08
- 3. Diabetes-09
- 4. Vision Problem-17

After the assessment few activities was arranged for the inmates such as musical chair, passing the ball, singing and dance competition.

Recreational programme was arranged for the inmates by our 4th year BSc nursing students. 2 Retro fusions were performed by the students and faculty. At the end of the programme, Inmates showed their gratitude by expressing few words about the activity and the screening program conducted by us, by which all the inmates were found to be happy and involved actively on that day.

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Sri Devaraj Urs College of Nursing Tamaka, Kolar-563101.

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Tamaka, Kolar - 563 101.



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SL NO.	CATEGORY	RESULTS
1.	Body and leg pain	11
2.	Hypertension	08
3.	Diabetes	09
4.	Vision problem	17







Tamaka, Kolar-563101.



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Head of the Department

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Temaka, Kolar - 563 101.

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Sri Devaraj Urs College of Nursing Tamaka, Kolar-563103



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01.	Abigale Thomas	Styde	31.	Ashwin Anna David	Mar
02.	Achangel Sebastian	List.	32.	Ashwathy S	18
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Tamaka, Kolar 563101.

Dept. of Community Health Nursing Sri Devaraj Ura College of Nursing

Tamaka, Kolar - 583 101.



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ARAR-TI

Head of the Department

Dept. of Community Health Nursing Sri Devaraj Urs College of Nursing Tamaka, Notur - 563 101.

Sri Devaraj Urs College of Nursin') Tamaka, Kolar-563101



Principal
Sri Devaraj Urs College of Nursing
Tamaka, Kolar-563103



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# DEPARTMENT OF COMMUNIT HEALTH NURSING

# POSTNATAL AND IMMUNIZATION CLINCS-2023

9TH FEBRUARY 2023



# PROGRAMME LIST

SI.	Programme	In charge students
No		
01	REGISTRATION	Ms. Mary Cinthiya, Mrs. Gayathri.N
02	INVOCATION SONG	Ms. Juby Sara George & Team
03	WELCOME SPEECH	Mrs. Manjula
04	HEALTH ASSESSMENT	
Α	ANTHROPOMETRIC MEASUREMENT	Ms. Diya John, Ms. Doneymol Sunny Ms. Jinta Sebastian
В	VITALS SIGNS	Ms. Eliza Biju, Ms. Husna N
С	HEALTH EDUCATION ON DIET	Ms. Abigale Thomas, Ms. Achangel Sebastian, Ms. Krupashree
D	HEALTH EDUCATION ON EXCERSICE	Ms. Anjana. KS, Ms. Anjana Joshy, Mrs. Manjula
E	HEALTH EDUCATION ON	Ms. Ansu James
	IMMUNIZATION	Ms. Anu Johnson
F	HEALTH EDUCATION ON WEANING	Ms. Saumya Roy, Ms. Sandra Lukose
05	REFRESHMENT	Ms. Diya Biju, Ms. Juby Sara George
06	VOTE OF THANKS	Ms. Eliza Biju

PRAR-TI Gayather

Head of the Department

Sri Devaraj Urs College of NursingDept. of Community Health Nursing Sri Daverej Urs College of Nursing Tamaka, Kolar-563101. Tamaka, Kolar - 563 101.

Sri Devaraj Urs College of Nursing Tamaka, Kolar-563103



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### REPORT ON POSTNATAL AND IMMUNIZATION CLINCS-2023

### OBJECTIVES OF POSTNATAL CLINIC

- Assessment of postnatal mother and child.
- Identification high risk care and appropriate management.
- Prevent development of postnatal complication.
- 4. Teach the mother about nutrition, immunization and postnatal exercises.

### PRILIMINARY PLANNING

- We planned to conduct post- natal assessment and to provide health education regarding post- natal diet, immunization and exercise.
- Different counters for arranged for the post natal clinic like, registration, vitals, anthropometric measurement of mother and child, immunization, post natal exercise, diet and refreshment.
- All the equipment and the articles needed for performing post -natal assessment such as BP apparatus, TPR set, weighing machine, Infantometer were collected from community lab.

Department of Community Health Nursing conducted Post Natal Clinic on 09/02/23 in the Government PHC, Devarayasamudra. Prior permission was availed from the medical officer for conducting post -natal clinic in RHC.

The program started at 10:30 am with invocation song by Ms.Juby and team, IV-year BSc nursing. Students were allotted to different counters. The first counter started by registration section, a total of 14 mothers had been registered in the clinic, in the registration section the mothers were provided with postnatal card and demographic data was collected.

In the second counter the vitals parameters of the mothers are recorded and anthropometric measurements of baby was checked in counter three. Health education on diet was given on fourth counter. In the fifth counter health education on postnatal exercise were demonstrated. Health education on immunization and weaning were conducted on sixth and seventh counter. By12:30 pm we ended up the postnatal clinic, and refreshments were given to the postnatal mothers.

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02.	Achangel Sebastian	LLA.	32.	Ashwathy S	18
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07.	Aleena Babu	New	37.	Bhargavi. S	13 marine
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09.	Aleena Jose	Aure	39.	Demy Daniel	19/10
10.	Aleena Santhosh	Aus	40.	Devika Anil	Dent
11.	Alphy Mariya Tomy	Jack .	41.	Diya Biju	By
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Sri Devaraj Urs College of Nursing Tamaka, Kolar-563101.

Principal Sri Devaraj Urs College of Nursing Tamaka, Kolar-563103

Head of the Department

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61.	Navarathna V N	Newarita	80,	Sneha Benny	Section
62	Naveen Kumar A S	Nau	81.	Sncha Rajmohanan	6900
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70.	Rakesh M.P	Rabint.	89.	Sumangala P	Turningt
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# REPORT

Format No.	PRN 05
Issue No.	02
Rev. No.	00
Date:	01-09-18

# PROGRAMME LIST

Date - 28/08/2023

Sl. No Time  01 10:30 am - 10:35 am Ir		Programme	Ms. Annie and team  IV Year B.Sc.(N)	
		Invocation Song		
02	10:36 am – 10:40 am	Welcome Address	Ms. Amrutha GN IV Year B.Sc.(N)	
03 10:41 am – 11:10 am		Presentation on prevention and control of TB and vector borne diseases	Ms. Sonu and Ms. Meghana IV Year B.Sc.(N)	
05	11:11 am - 11:40 am	Orientation about the Schemes	Ms. Krupashree and team IV Year B.Sc.	
08	11:41 am – 11:55 am	Role play	Ms. Anitta and team IV Year B.sc (N)	
09	11:51 am - 12:00 pm	Vote of thanks	Ms. Manjula IV Year B.Sc.(N)	

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### INTRODUCTION

In-service education is a planned education activity intended to build upon the educational experimental bases of the professional nurse for the enhancement of the practice, education, administration and research, theoretical development aimed at improving the health of public.

### OBJECTIVE

## The main objective of in-service education is:

- To raise awareness on prevention and control of vector borne diseases among ASHA workers.
- To raise awareness on prevention and control of TB among ASHA workers.
- To emphasize on various Health Schemes in Karnataka.

## PRELIMINARY PLANNING

- Prior permission was taken from the Medical Officers to conduct In-Service education in PHC on 24/08/2023. The Topic selected is Prevention and Control of TB, vector-borne diseases and awareness on Health Schemes existing in Karnataka.
- ASHA workers were informed to attend the program on 24/082023 at 10:30am time DRS PHC
- · Flashcards and charts were prepared on the same topic.

# REPORT ON IN SERVICE EDUCATION - 2023

The program started at 10:30 am with an invocation song by Ms. Annie and team, 4th-year B.Sc. (N), and the gathering was welcomed by Ms. Amrutha GN, 4th-year B.Sc. (N) with welcome address, followed by Role Play performed by Ms. Anitta Mathew and team on Janani Suraksha Yojana and Maternal and Child Health welfare.

Next by using charts, preventive and control measures of vector-borne diseases and TB was explained by Ms. Sonu MV and Ms. Meghana V.

Then by using flash cards, ASHA workers were oriented to the following health schemes.

 Sandhya Suraksha Pension Scheme - Ms. Krupashree

- Rashtriya Bal Swasthya Karyakram Mr. Vishwas Gowda
- 3. Maternal and Child Heath Ms. Navarathna
- 4. Bhagyalakshmi Scheme Mrs. Keerthi
- Vajpayee Aarogya Shree Yojana Mr. Rakesh

PAAR-TI

Sri Devaraj Urs College of Nursing Tamaka, Kolar-563101. Head of the Department

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- 6. Janani Suraksha Yojna Mr. Rakesh
- 7. Kisan Vikas Patra Ms. Nayana TA
- 8. Karnataka Gruhalakshmi Scheme Ms. Nayana TA
- 9. Aarogya Karnataka Mrs. Gayathri N
- 10. Ayushman Bharat Ms. Mary Cinthiya
- 11. Indra Dhanush Mrs. Sumangala P
- 12. Indra Gandi National Old Age Pension Ms. Prema A

Feedback regarding the program was given by Mrs. Sudhamani, ASHA worker.

The program ended with a Vote of Thanks by Mrs. Manjula of 4th year B.Sc. (N) at 12:00 pm and refreshments were given to the ASHA workers.





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Tamaka, Kolar-563103



### REPORT

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